

## DANZIG Counseling Services – Education

Therapy is all about nourishing your body, mind, and spirit. Education can have the same result when you discover opportunities that help you to grow and prosper. DANZIG Counseling offers several of these opportunities.

**Clinical Supervision** - Is available to alcohol & substance abuse counselors and social work professionals. It can be provided on a one-on-one basis or in a group supervision setting either onsite at your location or in our offices.

**Speaking Engagements** – Are designed to empower, engage, and educate the audience. Each presentation is customized to the needs of the group and all sessions encourage active participation by the attendees.

- **Schools** typically engage DANZIG Counseling Services to hold small group or larger assembly type sessions for the students to discuss issues related to: dealing with peer pressure, bullying; suicide; drug and alcohol use/abuse; ways to overcome difficulties inherent in today's teenage life, relieving stress; developing inner strength and skills; building self confidence; making positive changes; and achieving goals and dreams.
- **Corporate organizations and school administrations** typically engage DANZIG Counseling Services to hold sessions on how to recognize the signs of alcohol/drug abuse and disruptive mental health issues and how best to deal with them.
- **Other counseling agencies** typically engage DANZIG Counseling Services to provide onsite continuing education classes covering various addiction topics.
- **Parent organizations** typically engage DANZIG Counseling to provide guidance on how to parent and communicate with "today's" teenager.

### **Reiki Training** –

Level 1: Introductory class - Covers the history of Reiki; how Reiki heals; learns the basic hand positions and how to protect and clear themselves, is given the opportunity to practice the Reiki techniques learned; and receives the Reiki 1 attunement. At this level, one should only work on themselves.

Level 2 – Intermediate class – Covers the 7 major chakras; discusses the use of spirit guides/angels in healing sessions; learns the Reiki symbols; covers scanning, beaming, and long distance healing; is given the opportunity to practice the Reiki techniques learned; discusses how to begin a practice; and receives the Reiki 2 attunement. At this level, one is considered a practitioner and can work on others.

Level 3 – Advanced "Master Level" Class - What it means to be a "master"; Covers additional 5 chakras; learns master symbols; Covers how to perform attunements on yourself and others; is given the opportunity to practice; and receives the Master Level attunement. At this level, one is now a Master/Teacher and is empowered to teach Reiki and initiate others as well as hold healing sessions.

For more information about any of our continuing education services, please contact us at 207-893-0000 or [www.danzigcounseling.com](http://www.danzigcounseling.com)